



*Lay back, relax & enjoy*

SPA MENU



## MASSAGE

### BACK, NECK & SHOULDER MASSAGE

Helps to peel away stress and focus on the places that need the most alleviation! ..... \$ 90 usd  
50 minutes

### FULL BODY RELAXATION MASSAGE

Involves soft music, soft lighting and aromatherapy oils. You will have a long, luxurious massage which will use ..... \$ 90 usd  
all kinds of techniques including long strokes, gentle kneading and rolling of skin and muscle, and perhaps  
some rhythmic rocking from side to side. 50 minutes

### SPORTS MASSAGE

Improves muscle flexibility and blood circulation, to help reduce swellings and repair damage once an injury ..... \$ 110 usd  
has been sustained as well as help prevent mishaps from occurring in the first place. This massage is geared  
toward athletes of every calibre, or those who enjoy a deeper type of massage. 50 minutes

### LYMPHATIC MASSAGE

Is a gentle, relaxing form of massage that helps the body's lymphatic system get moving again while ..... \$ 140 usd  
reinforcing immune function. 80 minutes

For reservations & more info please contact your Concierge.





### AROMA REFLEXOLOGY

Begins by gently massaging the feet with a footscrub and wrapping them in warm towels to exfoliate and smooth tired feet. Using aromatherapy and essential oils, your neck and shoulders are massaged. Afterwards, we unwrap your relaxed feet and perform the ancient art of stimulating the nerve endings in the feet that relate to specific organs in the body. .... \$ 100 usd  
50 minutes

### THE MAYA LUXE HOLISTIC MASSAGE

Is an ancient method of healing that clears the lymphatic drainage system and releases toxins from the body. By recognizing that illness and stress affects not only our physical but also our emotional, spiritual and mental well-being, holistic massage allows the body's natural healing abilities to come forth and balance the entire body as a whole ..... \$ 160 usd  
80 minutes

### SHIATSU

Is based on the principles of oriental medicine, your therapist uses thumbs, fingers and palms to gently balance and restore your Chi. .... \$ 110 usd  
50 minutes

### PRENATAL MASSAGE

Is specifically designed for pregnant women to help relieve common pregnancy discomforts and promote mother and baby's well-being. Pregnancy massage is very gentle and effective and has many benefits for the mother, such as increasing energy, easing aches and pains, slowing the process of varicose veins, reducing fluid retention and releasing stress. .... \$ 100 usd  
50 minutes

### DEEP TISSUE

Is a more aggressive massage to manipulate and assist in the release of tension in the tissues. .... \$ 110 usd  
50 minutes

### SWEDISH MASSAGE

Uses relaxing patterns to manipulate the soft tissue, increase circulation and metabolism and release tension. .... \$ 90 usd  
50 minutes

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## FACIAL CARE

### DEEP CLEANSING FACIAL

This deep pore cleansing treatment rids the skin of surface impurities, improves the level of hydration and restores balance. .... \$ 110 usd  
80 minutes

### HYDRATING FACIAL

Super hydrating, treatment designed to plump the skin's moisture barrier. This facial is unsurpassed for its moisturizing and nourishment of dry, dehydrated, tired skin. .... \$ 100 usd  
70 minutes

### VITAMIN C FACIAL

This effective procedure, ideal for mature skin, tightens the skin, replenishes hydration, minimizes redness, and promotes cell renewal. .... \$ 120 usd  
50 minutes

### COLLAGEN MASK

Diminishes wrinkles, plumps skin, smooths texture, reduces discoloration, heals acne. Highly soluble and negatively ionized to enhance delivery into aged skin. Non-invasive face lift without the cost or risk of cosmetic surgery, injections or fillers. .... \$ 140 usd  
80 minutes

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### OXYGEN "JALEA REAL" FACIAL

Is a treatment based on the energy of the "Jalea Real". It is for people who have symptoms of tired skin ..... \$ 110 usd  
caused by stress, under eye bags, pale skin tone, premature wrinkles, side effects from smoking and excessive 80 minutes  
alcohol use and dry, dehydrated or pigmented skin. This treatments will eliminate the sings of fatigue, nurture,  
firm and oxygenize your skin leaving it radiant and fresh.

### DELUXE CACAO FACIAL

Is for dry and dull skin, mistreated by the wind and sun. This chocolate facial is aimed to replenish the life back ..... \$ 140 usd  
into your skin as well as tone and nurture it. 80 minutes

## NAIL CARE

### SPA MANICURE

\$ 50 usd

### SPA PEDICURE

\$ 50 usd

### SPA MANICURE & PEDICURE

\$ 90 usd

### RESERVATIONS

Enjoy all of our fabulous services from the comfort of your villa!  
For spa reservations please contact your personal concierge with at least 24 hours notice.

### CANCELATION POLICY

- Services cancelled within 48 hours of prior notice will not be charged.
- Services cancelled with at least 24 hours notice will incur a charge of 50% of the total price.
- Services cancelled on the same day or without notice will be charged 100% of the total price.

For reservations & more info please contact your Concierge.

